Ray's Little Light

COMPASSION.
GUIDANCE.
A PLAN WHEN YOU
NEED IT THE MOST.

PREPARING FOR A CONVERSATION WITH YOUR VETERINARIAN

a worksheet for pet parents

Veterinary appointments can feel overwhelming. Use this worksheet to gather information, ask important questions, and remember what you'd like to discuss with your veterinary team.

1 UNDERSTANDING THE MEDICAL PICTURE

Get a clear understanding of your dog's current condition & what to expect

- [ ] What is my pet's current diagnosis or condition?
- [ ] Is this condition treatable, manageable, or progressive?
- [ ] What is the expected course of this condition?
- [ ] What changes should I expect as the condition progresses?
- [ ] What symptoms would require an urgent call or visit?

2 COMFORT & SYMPTOM MANAGEMENT

Discuss options for keeping your dog as comfortable as possible

- [ ] Is my pet experiencing pain or discomfort now?
- [ ] What other symptoms should I be watching at home?
- [ ] What options are available to manage pain, anxiety, nausea, appetite changes, breathing difficulty, or other symptoms?
- [ ] What are the possible side effects of the medication/treatment?
- [ ] How will I know if the treatment plan is working?
- [ ] If symptoms worsen, what is our next step?

3 DAILY LIFE & QUALITY OF LIFE

Gain your veterinarian's perspective on supporting your dog's daily comfort, safety, & well-being.

- [ ] Should any activities be avoided or modified?
- [ ] Can I make changes at home to improve comfort or safety?
- [ ] Are there changes in mobility, appetite, sleep, breathing, elimination, or behavior that I should watch for?
- [ ] From a medical perspective, are there particular changes that would concern you about my dog's quality of life?

4

LOOKING AHEAD

Gain your veterinarian's perspective on what may lie ahead

- [ ] What changes or symptoms could indicate that end-of-life decisions may need to be considered?

MY NOTES & FOLLOW-UP QUESTIONS

Use this space to write any other questions, observations, or notes you want to remember.

Informed conversations create more peaceful tomorrows.